

# NEVADA PREVENTION RESOURCE CENTER UPDATE

Providing weekly updates for Professionals, Counselors, Educators, Parents and Activists



## In The News

Smoking Rates Amount  
Racial Groups

Tobacco Bans on College  
Campuses

E-Cigs vs. Cigarettes

Tobacco Advertising and  
Sports

## NPRC News

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This publication was supported in whole or in part by the Nevada Division of Public and Behavioral Health, Substance Abuse Prevention and Treatment Agency (SAPTA) through State General Funds and/or the SAPT Block Grant for the Substance Abuse and Mental Health Services Administration (SAMHSA). Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the U.S. DHHS, SAMHSA, or the State of Nevada.

## Tobacco

According to a study by the Center for Disease Control and Prevention, high school student cigarette smoking rates are at their lowest since 1991 when the National Youth Risk Behavior Survey (YRBS) began. Although the cigarette smoking rates of high school students are at an all-time low, the CDC and FDA are concerned by the rate of e-cigarette use by high school students.

In 1991, the teenage smoking rate was 28%. As of the most recent YRBS, conducted in 2015, the rate had decreased by 17%, with only 11% of those surveyed reported smoking cigarettes. The same survey from 2015 brought new data to light, showing that 24% of those surveyed used e-cigarettes.

Teenagers have varying reasons as to why they begin smoking e-cigarettes. Curiosity, their friends

do it, and the flavors, have all been cited as popular reasons. According to a study through the Yale School of Medicine, teenagers continue smoking e-cigarettes because of two main reasons; it is inexpensive, and can help them to quit smoking. However, when the researchers checked back in with the teenagers who cited quitting as a reason to smoke e-cigarettes a few months later, the teenagers were still smoking the e-cigarettes at about the same rate of regular cigarettes.

The results of this study recommend increasing the price of e-cigarettes as a way to reduce teenage tobacco use.

The FDA has banned selling tobacco of all forms, including e-cigarettes, to minors. They have been working to reduce the access to tobacco products by minors and reduce the rate of use of tobacco

products by teenagers. Some states have taken their own steps in reducing tobacco use by minors by increasing the minimum legal age to purchase and use tobacco products to 21 years of age. This trend has been referred to as Tobacco 21 (T21) ordinances. Missouri, which ranks in the top ten states in the country for underage tobacco use, hopes that this new legislation could help to curb the rate of tobacco use by minors in their state.

[High School Student Cigarette Use Banning E-Cigarettes to Minors](#)  
[Why Teens Choose E-Cigarettes](#)  
[Minimum Tobacco Age](#)

Lacey Ojers

## Prescription Drug Summit

Next week is Governor Brian Sandoval's Prescription Drug Abuse Prevention Summit. This summit will allow a forum for recommending ways that Nevada can address the growing epidemic of

prescription drug abuse.

[Find the Summit agenda here.](#)

**August 31, 2016**  
**Las Vegas, Nevada**

Be on the look out for new Prescription Drug materials that will be available soon.

Lacey Ojers

## Events and Opportunities

### The National Institutes of Health (NIH) Webinar-Mental Health Disparities Research Cross-Cutting Aspects of the NIMH Strategic Plan

The NIH will host a webinar on the two following topics “Racial and Ethnic Disparities in Healthcare Visits Before Suicide Attempts” & “Racial/Ethnic Differences in Biological Aging: Relations of Behavioral and Lifestyles Factors to Telomere Length.”

August 31, 2016 11:00 pm - 12:00 pm

### Share Your Experience with the Mental Health and Substance Use Disorder Parity Task Force

The Parity Task Force wants to hear your experiences with mental health and substance use disorder parity requirements. They want your suggestions on how to better the dissemination of information, what practices would make it better, what can regulators and issuers do to ensure compliance.

Comments accepted through August 31, 2016

### 13th Annual National DEC Conference

The National DEC, the Nevada Tribal DEC Alliance, and the Nevada State DEC Alliance present the 13th Annual National DEC Conference which will be held in Reno, Nevada at the Atlantis Casino Resort Spa. This conference is designed to promote a collaborative effort to prevent children from suffering the effects of the substance use by their primary caregivers.

October 25th-27th, 2016

## More Events and Opportunities

### Co-Occurring Disorders & Treatment Conference

The Co-Occurring Disorders & Treatment Conference is designed to bring together mental health providers, substance abuse treatment providers, and general medicine practitioners to promote and create treatment and recovery models that benefit all individuals especially those with co-occurring disorders.

Yakima Convention Center  
Yakima, Washington

October 3-4, 2016

Sponsors/Exhibitor/Advertisement  
Application Deadline: September 8, 2016

### National Prevention Network Conference

The National Prevention Network Conference will focus on recent research related to substance abuse prevention and will assist with plans on how to improve prevention methods with that research.

Buffalo Niagra Convention Center  
Buffalo, New York

September 13-15, 2016

Sponsors/Exhibitor/Advertisement  
Application Deadline: August 22, 2016

### Utah Fall Substance Abuse Conference

The Utah Fall Substance Abuse Conference is quickly approaching. It is considered to be the “premier educational and networking event in the Mountain West.” Attendees will learn from preeminent national and local leaders in the Substance Abuse field.

Dixie Convention Center  
St. George, Utah

September 21st-23rd, 2016

## QR Code



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