



NEVADA PREVENTION RESOURCE CENTER UPDATE

Providing weekly updates for Professionals, Counselors, Educators, Parents and Activists

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Type 2 Diabetes News

The FDA is advising that certain prescribed medications for type 2 diabetes are possibly contributing to severe joint pain in certain patients. The medications are classed as DPP-4 inhibitors. They are used to boost the insulin produced by the body after meals.

The FDA released a statement warning that these medications “may cause joint pain that can be severe and disabling.” Warnings and pre-

cautions are being placed on the labels of these medicines.

Researchers from Denmark found a potential link between antibiotic consumption and type 2 Diabetes. In the study, people with type 2 diabetes were found to have taken more antibiotics prior to their diagnosis than patients without type 2 diabetes.

Researcher Mikkelsen stated: “Patients with type 2 diabetes are overexposed to antibiotics compared with

matched control persons without diabetes.”

The researchers found that those with type 2 diabetes had filled an average of 0.8 antibiotic prescriptions annually prior to their diagnosis. Whereas those without the disease had only filled an average of 0.5 antibiotic prescriptions per year.

In another study, researchers found that a daily glass of wine not only contributes to improvement of heart

Type 2 Diabetes continued

health, but also improved blood sugar levels in people who have type 2 diabetes. The study found that people who metabolize alcohol slowly showed the most benefit in blood sugar levels.

In this study, 224 patients with type 2 diabetes, with ages ranging from 40 to 75, were assigned to drink a five-ounce glass of red wine, white wine or mineral water with their evening meal each

night for two years. Both red and white wine were found to have a similar impact on glucose levels.

The researchers caution against consuming more than the 5 ounces a day. They indicated that, while men can consume up to 10 ounces a day, women should limit their wine consumption to the one 5 ounce glass a night.

FDA News Release

Antibiotics

Journal of Clinical Endocrinology & Metabolism

Wine

NPR article on Wine

Annals of Internal Medicine

In The News

Healthy Meals in Schools

Longer Lives Around the World

Hepatitis C and Liver Damage

Does Marijuana Help Epilepsy?

Daily Pill for HIV

Joint Pain

New Materials

2857 A Journey Toward Health and Hope: Your Handbook for Recovery After a Suicide Attempt

2859 Tips for Survivors of a Disaster or Traumatic Event: What to Expect

To order these or other items: go to our clearinghouse [website](#) or email us at nprc@casat.

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Events and Opportunities

Remote Area Medical 2015

This event will be in **Carson City**, October 16 - 18 at Carson City High School, 1111 North Saliman Road.

Event begins at 6:00 a.m. on opening day and ends at 2:00 p.m. on the closing day.

Northwest Alcohol Conference

Call for Proposals:

Presenters receive complimentary registration to the conference. A wide variety of submissions are sought on the topics of alcohol and substance abuse prevention, education and enforcement. Multiple program proposals are encouraged.

Notification of Acceptance by **February 12th, 2016**

Meeting the evidence-based requirements of OAA Title IIID

The webinar will have presentations from states and AAAs who are meeting the requirements, and discuss strategies for overcoming common challenges. Additional technical assistance resources will be shared. The webinar will be recorded and made available on the Title IIID webpage.

October 29, 2015, 2:00 PM - 3:30 PM EDT

More Events and Opportunities

Opiate Blockers: The Impact on the Community

Gain insight from a physician, a researcher and law enforcement officer who have experienced using suspended release naltrexone in their communities.

Medical professionals use the link above. All others, contact JTNN at 775.324.7557 or jennifer@jtnn.org.

Registration fee: \$30.00.

Harrah's Reno
October 22 5:30-8:00 pm

The Center for Research on Media, Technology, and Health (CRMTH) at the University of Pittsburgh seeks applications for an assistant or associate professor who will focus on conducting research at the intersection of media, technology, and health outcomes. Full-time appointment which can be in the tenure or non-tenure stream. The position start date is flexible and is expected to be between 2/1/2016 and 10/1/2016. Applications will be reviewed as they are received.

Please apply by **November 1, 2015** for full consideration.

Grant Opportunity for Anti-Violence Against Women

Must provide victim-centered intervention through non-profit service providers, law enforcement, prosecution & courts. The mission should be to enhance victim safety & hold offenders accountable for intimate partner violence, including sexual assault & stalking.

For more information, contact Elizabeth Greb at 775-684-1148.

Letters of intent due: Oct. 16, 2015.

Application Deadline: Oct. 23, 2015 by 5:00 pm.

QR Code



For individuals looking to sign up for the Update - follow this QR Code from your smart phone and find the link on our website!



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Nevada Prevention Resource Center
1664 N. Virginia St.
MS 1284
Reno, NV 89557

Phone: 775.784.6336
Toll Free 1.866.784.6336
Fax: 775.327.2268
Email: nprc@casat.org