



NEVADA PREVENTION RESOURCE CENTER UPDATE

Providing weekly updates for Professionals, Counselors, Educators, Parents and Activists

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2 November 2015

November National Campaigns

November is a busy month, nationally. Not just do we have Veteran's Day and Thanksgiving in November, we also have a number of Substance Use and Health activities this month. Many of the National Campaigns are listed on the [NPRC website](#).

November is Lung Cancer Awareness Month. According to the [Lung Cancer Alliance](#) website, Lung Cancer Awareness Month started in 1995 as Lung Cancer Aware-

ness Day. The Lung Cancer Alliance website has a number of activities in which your organization can participate.

On a related issue, November 19, 2015 is [The Great American Smokeout](#). And November is also [COPD Awareness Month](#).

NPRC has resources available for your events on these topics. Some examples of available resources: [NPRC ID 861 - Heads Up: Drugs & The Body - It Isn't Pretty](#);

[NPRC ID 93 - The Raising Kids who don't smoke series Peer Pressure and Smoking](#); [NPRC ID 2299 - Light, Low, Mild or Similar Descriptors](#); [NPRC ID 2392 - What's in Tobacco Smoke](#); [NPRC ID 1505 - Datos para Adolescentes: la verdad acerca del tabaco](#); [NPRC ID 523 - Tips for Teens: The Truth About Tobacco](#); and many more. Order these and others at our [clearinghouse database](#).

Leslie C. Marlowe

Diabetes Related News

November is American Diabetes Month. A new study distinguished three different type 2 diabetes subgroups. These subgroups were: 1) the youngest and most obese patients – these patients are often affected by kidney disease and blindness; 2) those at risk for cancer and heart disease; and 3) those with a higher incidence of various health problems, including mental illness, heart disease,

HIV Infection and allergies.

The Mediterranean Diet has recently been found to increase levels of short chain fatty acids. Health experts believe that among other health benefits, these fatty acids lower the risk of diabetes.

Consuming even a small amount of sugar-sweetened beverages may increase the risk of developing type 2 diabetes by as much as 26%, according to a new report.

This includes fruit drinks, energy drinks, sweet teas and soft drinks. The chemicals used to sweeten these beverages are usually table sugar or high-fructose corn syrup. These sweeteners are made up of two simple sugars: fructose and glucose. Glucose can lead to type 2 diabetes.

[Subgroups Mediterranean Diet Sugary Drinks](#)

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In The News

[Integrated Care for Addiction](#)

[Is Substance Abuse Genetic?](#)

[Mediterranean Diet and Breast Cancer Risk](#)

[ADHD and Autism](#)

[Young Children Influenced by Disasters](#)

New Materials

NPRC added about 50 new items to our clearinghouse during the month of October. For a list of these items, click [here](#).

To order these or other items: go to our clearinghouse [website](#) or email us at nprc@casat.

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Events and Opportunities

Northwest Alcohol Conference

Call for Proposals:

Presenters receive complimentary registration to the conference. A wide variety of submissions are sought on the topics of alcohol and substance abuse prevention, education and enforcement. Multiple program proposals are encouraged.

Notification of Acceptance by **February 12th, 2016**

Assistant Professor of Psychology, Georgia State University

Beginning Fall 2016, pending budgetary approval. Seeking candidates with established programs of research and with strong potential for extramural funding.

For additional information, contact Dr. Lindsey Cohen (llcohen@gsu.edu; 404-413-6263).

Webinar: Reconnecting Youth to the Circle—The Importance of Traditional Practices for Prevention

Join this presentation to hear youth stories about their connection to their language and cultural traditions as well as strategies for engaging youth and connecting them to the circle.

November 17, 2015
11:00 AM - 12:00 PM PST

More Events and Opportunities

Assistant Professor in Clinical Psychology, Specializing in Prevention Science

George Washington University invites applicants for an Assistant Professor position in the area of clinical psychology, with a specific focus on prevention science. Seeking a candidate with expertise in developing and studying interventions that promote health and prevent psychological problems or physical health conditions in youth or adult populations.

Complete the online faculty application at <http://www.gwu.jobs/postings/29359>

Webinar: Getting To Know the Federal Government and Funding Opportunities

Register to hear a federal funders' panel reveal best practices in responding to federal funding announcements.

November 5, 2015
12:30 PM - 2:00 PM PST

Webinar: Healthy People 2020 Law and Health Policy Project.

The American Bar Association Health Law Section's Public Health and Policy Interest Group, along with PHLP and HHS's Office of Disease Prevention and Health Promotion, are offering a complementary three-part webinar series. The second webinar in the series is The Healthy People 2020 Law and Policy Project: A Focus on Older Adults.

Monday, November 16, 2015,
1:00–2:30 (EST).

QR Code



For individuals looking to sign up for the Update - follow this QR Code from your smart phone and find the link on our website!



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