



NEVADA PREVENTION RESOURCE CENTER UPDATE

Providing weekly updates for Professionals, Counselors, Educators, Parents and Activists

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Combating Perception that Hookah Smoking is Safe

College students may perceive hookah tobacco smoking as safer than other forms of smoking. There is a perception that using a hookah is romantic. A new study by the University of Pittsburgh School of Medicine suggests that to discourage college students from hookah tobacco use, educational directives should focus on dislodging the positive perceptions of hookah use.

Hookah tobacco smoking introduces the user to consider-

able levels of toxicants including carbon monoxide, nicotine, carcinogens and tar.

The study sought to analyze the motivating factors behind a student's decision to try using a hookah. The study is published in the June issue of the *Nicotine & Tobacco Research* journal. It is available online now.

Students who initiated hookah use had positive attitudes toward it and believed it was a socially acceptable.

"Hookah tobacco smoking

does not seem to be hampered by many of the negative social stigmas of cigarette smoking," said Dr. Sidani. "If educational programs can help students to cut through the positive portrayals and marketing of hookah smoking, it may be possible to make hookah smoking less attractive and socially acceptable, resulting in less initiation."

Read more [here](#).

More [information](#).

Emergency Room Visits for Alprazolam

In 2012, alprazolam was the 13th most commonly sold medication. Emergency room visits for abuse of alprazolam increased significantly from 2005 to 2010. In 2005 there were 57,419 emergency room visits related to the use of alprazolam, in 2010 that increased to 124,902. A report issued this last week by SAMHSA contained this data.

Alprazolam, like all medications, has side effects.

A common effect of alprazolam use is mild, short term memory loss. In addition, alprazolam has been found to be addictive and leads to physical dependence and withdrawal symptoms.

"When used as directed, alprazolam is safe and effective, but misuse can result in serious health consequences," said SAMHSA Administrator Pamela S. Hyde.

According to ProPubli-

ca, the majority of Alprazolam prescriptions in Nevada are located in Southern Nevada; and nationwide, the top state appears to be Florida

Read more [here](#). Additional [information](#).



In The News

[Fire restrictions start May 30](#)

[FDA Strengthens Warnings for Sunlamp Products](#)

[Acceptance of Applications for Medical Marijuana](#)

MORE Event 2014

This year's event is June 7, 2014, 8am-4pm. Includes free behavioral health assessments and referrals, dental fillings, acupuncture treatment, free relining of dentures and more.

Silver StageHigh School, 3755 W Spruce St Silver Springs NV 89429.

[Learn More.](#)

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OJJDP Funding for National Forum on Youth Violence Prevention Project

Office of Juvenile Justice and Delinquency Prevention (OJJDP) recently announced a funding opportunity for the fiscal year 2014 National Forum on Youth Violence Prevention Expansion Project. OJJDP will select as many as five new sites, using a competitive selection process, to join the National Forum on Youth Violence Prevention.

The National Forum on Youth Violence Prevention is a collaboration that supports and enhances communities' capacity to combat youth and gang violence by applying evidence-based prevention, intervention, law enforcement, and reentry strategies.

Applications are due by June 23, 2014.

[FAQs](#) about this funding opportunity.

Other grant opportunities with OJJDP are found [here](#).

Upcoming Events

Summer Public Health Institute 2014

May 27 – June 13, 2014

The Summer Public Health Institute, now in its 13th year, offers courses for students and practice professionals in public health and related fields. Courses are intensive, highly interactive.

For more information contact: Summer Public Health Institute, 2221 University Avenue SE #110, Minneapolis, MN 55414
Telephone: 612-626-8434
Email: phi@umn.edu

Girls Matter! Webinar Series

SAMHSA's six-part Girls Matter! webinar series addresses adolescent girls' behavioral health. It is at the midway point. There is still time to register and join the discussion about girls' behavioral health on social media with hashtag #girlsmatter2014.

Sanctuary and Supports for Girls in Crisis: June 10, 2014

The Power of Youth Development and Recovery Supports: June 24, 2014

NIMH Twitter Chat on Men and Depression

To learn more about the symptoms, causes, and treatments for depression in men, please join NIMH for a Twitter chat during on Tuesday, June 10, 2014, from 2 p.m. to 3 p.m. EST. NIMH expert Matthew Rudorfer, M.D., will answer questions related to men and depression during the chat.

Please use the hashtag #NIMHchats to participate in the chat. To ask questions, you must have a Twitter account. If you want to observe the chat, enter #NIMHchats at twubs.com.

QR Code



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