



## Photos about Mental Health

Two recent projects — both highlighted by My Modern Met — explore the issue through photography. They shed light on the experience of depression and anxiety, both of which are apparently on the rise in the United States.

While it's easy to read some of these works as blunt and melodramatic, it's also important

to keep them in their context. Photography feels apropos for exploring contemporary mental health issues. While films like *A Beautiful Mind* and even *The Wolverine* have tackled mental illness, small photos viewed on a computer screen speak in the vernacular of the internet today. These photos are intimate and personal, viewed in isolation rather than amongst friends.



*Christian Hopkins Photography*

They feel very much of our time, in form, content, and presentation.

## Read Out Loud: LGBTQ Book Buzz

Join Library Journal for a discussion on some of the finest LGBTQ literature. Featuring



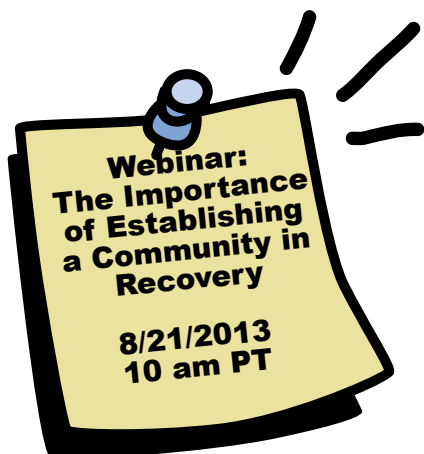
Bold Strokes Books, Dreamspinner, Samhain Publishing, and Riptide Publishing, hear about forthcoming titles and stock you collection with books to meet the demand of the growing interests in LGBTQ literature!

**Panelists:**

Len Barot, Jenn Stark, Ariel Tachna, Sarah Frantz, Moderated by Ellen Bosman.

When: August 29  
12:00 – 1:00 PM PT

Can't make it August 29th? No problem! Register now and you will get an email reminder from Library Journal post-live event when the webcast is archived and available for on-demand viewing at your convenience!



## Awareness Campaigns

Cataract Awareness Month

Neurosurgery Outreach Month

Health Unit Coordinator Day  
8/23

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## Back to School

**Set sleep habits:** Ease the transition back to early mornings by implementing a bedtime; start setting back the bedtime in small increments until it's back where you want it.

**Study space:** Create a specific place in the house for students to do homework, free from distractions. Set a consistent time for them to work, so it becomes part of their daily routine.

**Stay healthy:** Kids tend to be more active in the summer; keep those habits going during the school year by adding physical activity to family time. It's also important to pack a healthy lunch.

**Schedule help:** Before the year begins, figure out who will drop-off and pick-up your child each day and keep a calendar to remind yourself of after-school activities and special events.

**Spend less:** Buying new clothes and school supplies can be stressful on your budget. You can save money by recycling certain supplies. Hunt for deals online, where you can find discounted prices on everything from uniforms to lined paper.

## New Material Highlights

**Our new series preventing underage and dangerous drinking habits has arrived! Items are in limited quantity but are ready to be used across the state. Get yours today!**

- 2235 Bookmark: Shot Glasses
- 2236 Bookmark: Count Your Drinks
- 2237 Bookmark: Sober Jammin
- 2238 Bookmark: Sober Spirit Sports Fan
- 2239 Bookmark: How Big Is It?
- 2240 Bookmark: Size Matters
- 2241 Bookmark: Excuses
- 2242 Bookmark: Classroom
- 2243 Bookmark: Varsity Scholarship
- 2244 Tips for Youth Advocates
- 2245 Consejos Para Los Grupos Comunitarios (Tips for Community Groups) Spanish
- 2246 Magnet: Know What's Inside
- 2247 Poster: How Big Is It?
- 2248 Poster: Why Size Matters
- 2249 Poster: How To Drink Responsibly
- 2250 Poster: Why Count
- 2251 Table Tent: How Big Is It
- 2252 Table Tent: Know What's Inside
- 2253 Nevada Health Link Consumer Information

It's Back-to-School time.

These articles arm teens with strategies to gain confidence and rise above the influence of alcohol and illicit drugs.

Put your order in for the classroom today!



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